

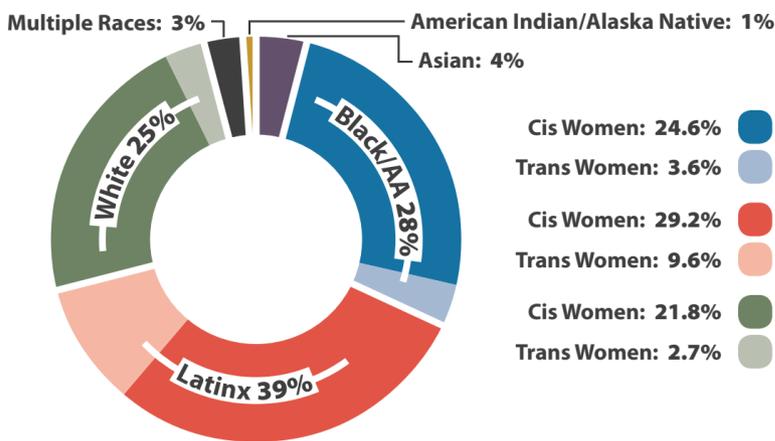
# HIV & WOMEN

There were **4,396** new HIV diagnoses in California in 2019. Of those, **15%** were among women (12% among cisgender women and 3% among trans women).

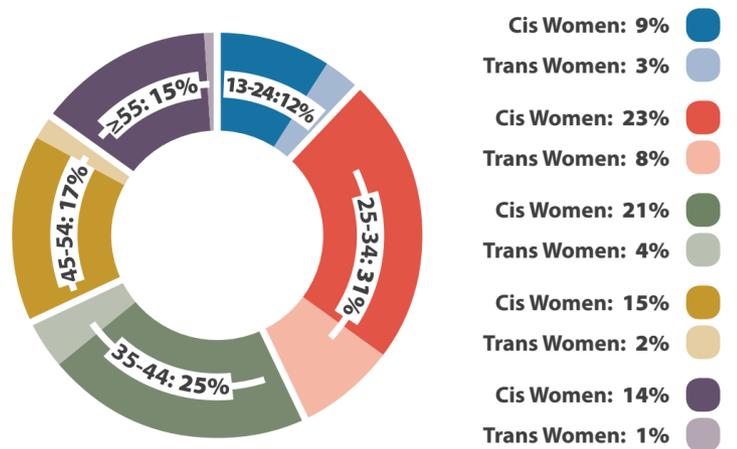


**ONE** in seven new HIV diagnoses are among **WOMEN**

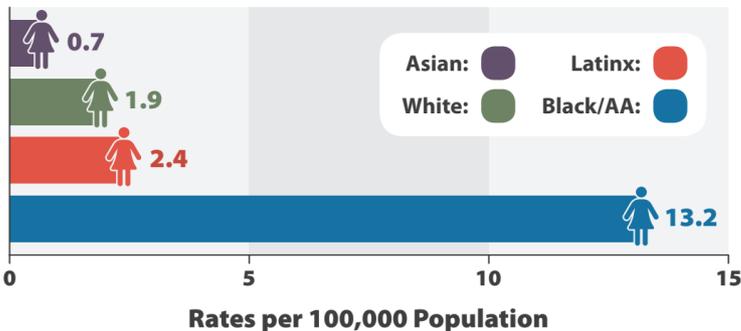
## Black/African American & Latinx Women are Disproportionately Affected by HIV



## Women Aged 25 to 34 had the Largest Proportion of New Diagnoses



## Black/African American Cisgender Women Have the Highest Rate of New HIV Diagnoses

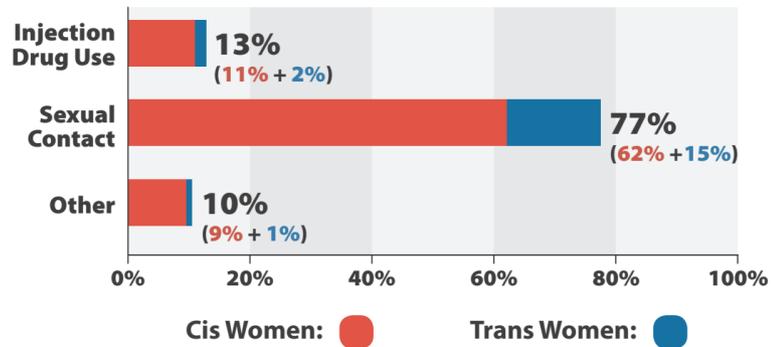


Rates among newly diagnosed Black/African American cis women are 6.9 times higher than White cis women, and among Latinx cis women, 1.3 times higher than White cis women. Although rates for transgender individuals are unknown, National HIV prevalence among transgender individuals is estimated at 9.2%, with transgender women among the groups most affected by HIV.<sup>1</sup>

Source of Figures: California Department of Public Health, Office of AIDS, California HIV Surveillance Data

<sup>1</sup> Becasen JS, Denard CL, Mullins MM, Higa DH, Sipe TA, Estimating the Prevalence of HIV and Sexual Behaviors Among the US Transgender Population: A Systematic Review and Meta-Analysis, 2006-2017. Am J Public Healthexternal 2018 Nov 29:e1-e8. doi: 10.2105/AJPH.2018.304727.

## Most New HIV Diagnoses Among Women are Attributed to Sexual Contact



Risk categories are in order of highest transmission risk (Injection Drug Use, Sexual Contact, and Other). Individuals with multiple risk factors are reported in the category most likely to result in HIV transmission. "Other" includes perinatal exposure and risk factors not reported or identified.

# PrEP Can Reduce Your Chance of Getting HIV

Pre-Exposure Prophylaxis (PrEP) is a pill that reduces the risk of getting HIV from sex by about 99% when taken daily. Among people who inject drugs, PrEP reduces the risk of getting HIV by at least 74% when taken daily.<sup>2</sup>



PrEP is safe to take during pregnancy and breastfeeding, and can help protect you and your baby from getting HIV.



There are no known drug conflicts between PrEP and hormone therapy, and no reason why the drugs cannot be taken at the same time.



PrEP is covered by most insurance plans as well as Medicaid programs. There are also programs that provide PrEP for free or at a reduced cost.

<sup>2</sup> PrEP Effectiveness (https://www.cdc.gov/hiv/basics/prep/prep-effectiveness.html)



pleaseprepme.org/california



getyourprep.com  
(855) 447.8410

## HIV Prevention

**Partner Status**  
Know your partner's HIV status.

**Condom Use**  
Helps prevent the sexual transmission of HIV and other STIs.

**Clean Syringes**  
Use clean syringes and injecting equipment when you inject.

Services Near You



## HIV Testing

The only way to know your status is to GET TESTED.

Find an HIV testing site near you.



locator.hiv.gov

Order FREE in-home HIV test kits.



takemehome.org

undetectable = untransmittable



- People living with HIV are leading lives that are normal in quality and length. With effective treatment, they are NOT infectious.
- Effective treatment reduces HIV transmission to ZERO.
- There is currently no cure for HIV, but there is treatment.
- If you are HIV positive, get in care, stay in care, and live well.



For More Information: [cdph.ca.gov/programs/cid/doa/pages/hiv-women-additional-resources.aspx](https://cdph.ca.gov/programs/cid/doa/pages/hiv-women-additional-resources.aspx)